



CHSAA 3A Region 2

May 13th, 2010 - May 15th, 2010 - Holy Family HS

Rank	Team Name	Score
Men:		
1	Faith Christian	157
2	Holy Family	155
3	Denver Lutheran	95
4	Legend	74
5	Denver Christian	61
6	Platte Canyon	43
7	Kent Denver	40
8	Bishop Machebeuf	18
9	Clear Creek	8
10	Sheridan	3

Women:		
1	Holy Family	204.5
2	Platte Canyon	116
3	Faith Christian	93
4	Kent Denver	83
5	Legend	55
6	Denver Lutheran	46.5
7	Bishop Machebeuf	33
8	Clear Creek	30
9	Denver Christian	4

05/13/10:

Boys 4 x 100m Relay 3A (M) - 4 x 100m Relay

Finals:

Place	Team	Time	Score
1	Faith Christian	43.54	10
2	Holy Family	44.27	8
3	Legend	44.85	6
4	Denver Lutheran	44.92	5
5	Denver Christian	46.49	4
6	Platte Canyon	48.50	3

Girls 400m Dash 3A (W) - 400m Dash

Finals:

Place	Bib	Name	Year	Team	Time	Score
1		Moser, Sydney	Freshman	Bishop Machebeuf	1:04.39	10

2	Burk, Kristina	Senior	Holy Family	1:05.92	8
3	Saifee, Jessica	Sophomore	Kent Denver	1:06.23	6
4	Curtis, Anna	Sophomore	Faith Christian	1:06.39	5
5	Metzger, Abby	Sophomore	Holy Family	1:07.88	4
6	Gills, Cassie	Sophomore	Holy Family	1:08.34	3
7	Rhoads, Jordan	Freshman	Platte Canyon	1:09.01	2
8	Akins, Shanna	Sophomore	Faith Christian	1:09.63	1

Girls 4 x 400m Relay 3A (W) - 4 x 400m Relay**Finals:**

Place	Team	Time	Score
1	Holy Family	4:17.82	10
2	Platte Canyon	5:07.98	8

Boys Long Jump 3A (M) - Long Jump**Finals:**

1:

Place	Overall	Bib	Name	Year	Team	Distance	Score
1	11		Allen, Mark	Sophomore	Legend	16' 8"	-
2	12		Floyd, Jesse	Freshman	Platte Canyon	15' 8.25"	-
3	13		Greenwald, Seth	Senior	Platte Canyon	15' 4.5"	-
4	14		Barngrover, Mike	Sophomore	Clear Creek	14' 0.75"	-
5			Pranger, Chris	Sophomore	Denver Christian	ND	-
6			Dominquez, Laz	Freshman	Denver Christian	ND	-
7			Haskell, Evan	Sophomore	Legend	ND	-
8			Clay, Connor	Sophomore	Holy Family	ND	-
9			Delgado, Alberto	Sophomore	Clear Creek	ND	-

2:

Place	Overall	Bib	Name	Year	Team	Distance	Score
1	5		O'Tremba, Tyler	Sophomore	Legend	18' 4.25"	4
2	6		Crane, Wes	Sophomore	Denver Lutheran	18' 3.75"	3
3	8		Armbruster, Michael	Senior	Faith Christian	17' 7.5"	1
4	9		Langfield, Zach	Junior	Holy Family	17' 7.25"	-
5	10		Bonnette-Forenz, Didier	Junior	Clear Creek	16' 9"	-
6			Reynolds, John	Freshman	Kent Denver	ND	-
7			Gentry, Dre	Sophomore	Sheridan	ND	-
8			Shields, Caleb	Junior	Platte Canyon	ND	-

3:

Place	Overall	Bib	Name	Year	Team	Distance	Score
1	1		Rosenberg, Jack	Junior	Kent Denver	20' 2"	10
2	2		Langewisch, Ryan	Junior	Denver Lutheran	19' 6.5"	8
3	3		Brekke, Chris	Senior	Faith Christian	19' 0.25"	6
4	4		Robinson, Nate	Junior	Denver Lutheran	18' 11.25"	5
5	7		Williams, Thomas	Junior	Holy Family	17' 8.5"	2
6			Viss, Chase	Junior	Denver Christian	ND	-

7	Loudenslager, Hayden	Senior	Faith Christian	ND	-
8	Rowe, Mataral	Sophomore	Sheridan	ND	-

Girls 4 x 200m Relay 3A (W) - 4 x 200m Relay**Finals:**

Place	Team	Time	Score
-	Clear Creek	NT	-
1	Denver Lutheran	1:47.20	10
2	Holy Family	1:48.16	8
3	Bishop Machebeuf	1:51.16	6
4	Faith Christian	1:52.13	5
5	Platte Canyon	1:52.64	4

Girls 300m Hurdles 3A (W) - 300m Low Hurdles**Finals:**

Place	Bib	Name	Year	Team	Time	Score
1		Plonski, Ana	Junior	Holy Family	50.06	10
2		Dolan, Mackenzie	Junior	Holy Family	50.75	8
3		Schmidt, Hannah	Sophomore	Kent Denver	51.39	6
4		Coates, Caitlyn	Sophomore	Kent Denver	51.71	5
5		Heffner, Teri	Junior	Clear Creek	54.59	4
6		Rhoads, Megan	Junior	Platte Canyon	55.22	3
7		Shafer, Becca	Sophomore	Clear Creek	58.01	2
		Anderson, Rachel	Junior	Holy Family	NT	-

Boys 800m Run 3A (M) - 800m Run**Finals:**

Place	Bib	Name	Year	Team	Time	Score
1		Wetmore, Colin	Senior	Holy Family	2:01.36	10
2		Peterson, Darren	Junior	Denver Christian	2:01.93	8
3		Rindels, Deron	Senior	Faith Christian	2:02.21	6
4		Lenderink, Tom	Senior	Denver Christian	2:05.14	5
5		Olds, Corbin	Sophomore	Legend	2:05.73	4
6		Medearis, Tim	Junior	Holy Family	2:07.05	3
7		Cribari, Cole	Junior	Holy Family	2:07.84	2
8		Olson, Matt	Freshman	Kent Denver	2:18.08	1
9		Magill, Kirk	Senior	Bishop Machebeuf	2:18.62	-
10		Schvetz, Bill	Junior	Clear Creek	2:19.52	-
11		Vaughan, Austn	Sophomore	Legend	2:21.43	-
12		Yeager, Sam	Senior	Faith Christian	2:23.05	-
13		Ortiz, Luis	Freshman	Bishop Machebeuf	2:28.88	-
14		York, Nate	Sophomore	Kent Denver	2:30.87	-
15		Halpern, Evan	Freshman	Denver Lutheran	2:31.51	-
16		Floyd, Jesse	Freshman	Platte Canyon	2:31.56	-
		Manley, Bryan	Sophomore	Legend	NT	-

Oppegaard, Andrew	Junior	Sheridan	NT	-
Garcia, Chaz	Sophomore	Platte Canyon	NT	-
Hamari, Kyler	Sophomore	Platte Canyon	NT	-
Gebremedhin, Yohannese	Junior	Bishop Machebeuf	NT	-
Schilling, Sam	Freshman	Denver Lutheran	NT	-
Hegarty, Joel	Senior	Faith Christian	NT	-
Moody, Deverrick	Sophomore	Clear Creek	NT	-
Poland, Ryan	Senior	Denver Christian	NT	-

Boys High Jump 3A (M) - High Jump

Finals:

Place	Bib	Name	Year	Team	Distance	Score
1		Loudenslager, Hayden	Senior	Faith Christian	6' 2"	10
2		VanHoudt, Thomas	Junior	Holy Family	5' 10"	8
3		Smith, Torrey	Senior	Faith Christian	5' 10"	6
4		Langewisch, Ryan	Junior	Denver Lutheran	5' 8"	5
5		Olson, Matt	Freshman	Kent Denver	5' 6"	4
6		Langfield, Zach	Junior	Holy Family	5' 6"	3
7		Pettyjohn, Matt	Freshman	Kent Denver	5' 6"	2
8		Clay, Connor	Sophomore	Holy Family	5' 2"	1
		Rich, Kelby	Freshman	Denver Lutheran	NH	-
		Shields, Caleb	Junior	Platte Canyon	NH	-
		Haskell, Evan	Sophomore	Legend	NH	-
		Allen, Mark	Sophomore	Legend	NH	-

Boys 300m Hurdles 3A (M) - 300m Low Hurdles

Finals:

1:

Place	Overall	Bib	Name	Year	Team	Time	Score
1	9		Kriz, Banks	Freshman	Denver Christian	50.28	-
2	10		Barngrover, Mike	Sophomore	Clear Creek	50.35	-
3			Monsma, Luke	Senior	Denver Christian	NT	-
4			Collins, Kevin	Junior	Kent Denver	NT	-
5			Samaniego, Lucas	Freshman	Holy Family	NT	-

2:

Place	Overall	Bib	Name	Year	Team	Time	Score
1	1		Bloom, Jacob	Sophomore	Legend	42.72	10
2	2		Koneman, Andrew	Sophomore	Denver Christian	43.48	8
3	3		Heronema, Vince	Junior	Holy Family	43.73	6
4	4		Kitashima, Justin	Junior	Denver Lutheran	43.76	5
5	5		Hsin, Tyler	Freshman	Holy Family	45.33	4
6	6		Scott, Kyle	Senior	Sheridan	45.66	3
7	7		Monie, Ty	Sophomore	Legend	45.93	2
8	8		Macklin, Jacob	Sophomore	Faith Christian	46.63	1

Girls Discus Throw 3A (W) - Discus Throw**Finals:**

1:

Place	Overall	Bib	Name	Year	Team	Distance	Score
1			Husch, Kaitlyn	Sophomore	Legend	ND	-
2			Hill, Sabre	Senior	Clear Creek	ND	-
3			Pennell, Amber	Junior	Clear Creek	ND	-

2:

Place	Overall	Bib	Name	Year	Team	Distance	Score
1	6		Weidenaar, Natasha	Sophomore	Faith Christian	93' 8"	3
2	7		Pacheco, Jolyn	Junior	Platte Canyon	87' 0"	2
3	9		White, Jordan	Sophomore	Legend	86' 3"	-
4	10		Forrester, Destiny	Senior	Denver Lutheran	82' 11"	-
5	12		McNiff, Micaela	Freshman	Legend	70' 5.5"	-
6			Marshall, Jessie	Junior	Platte Canyon	ND	-
7			Schwake, Anna	Senior	Denver Lutheran	ND	-
8			Harmon, Katie	Sophomore	Clear Creek	ND	-

3:

Place	Overall	Bib	Name	Year	Team	Distance	Score
1	1		Gerry, Alexis	Sophomore	Holy Family	125' 5"	10
2	2		Gallmeyer, Tina	Senior	Denver Lutheran	108' 5"	8
3	3		Lettow, Adrienne	Senior	Faith Christian	103' 7"	6
4	4		Seifert, Sydney	Senior	Platte Canyon	99' 3.5"	5
5	5		Laschinger, Lexi	Junior	Holy Family	94' 3.5"	4
6	8		Chavez, Caitlin	Sophomore	Faith Christian	86' 8"	1
7	11		Rudisill, Kelsey	Junior	Holy Family	77' 4.5"	-
8			Gerow, Jordan	Sophomore	Denver Christian	ND	-

Girls Triple Jump 3A (W) - Triple Jump**Finals:**

Place	Bib	Name	Year	Team	Distance	Score
1		Plonski, Ana	Junior	Holy Family	33' 2.5"	10
2		Biette, Katy	Senior	Holy Family	30' 1.5"	8
3		Locricchio, Rebeka	Sophomore	Holy Family	29' 3.5"	6
4		Besel, Kierstyn	Junior	Denver Lutheran	28' 6.75"	5
5		Watson, Alana	Freshman	Platte Canyon	28' 5"	4
6		Walsh, Rain	Freshman	Denver Lutheran	27' 6"	3
7		Leblanc, Heidi	Freshman	Legend	25' 8"	2
8		Kelsey, Hawk	Freshman	Platte Canyon	22' 11.5"	1
		Henderson, Kendra	Junior	Clear Creek	ND	-

Boys 3200m Run 3A (M) - 3,200m Run**Finals:**

Place	Bib	Name	Year	Team	Time	Score
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1	Joseph, Mark	Junior	Denver Lutheran	10:12.76	10
2	Thompson, Matt	Sophomore	Legend	10:13.99	8
3	Voth, Caleb	Junior	Faith Christian	10:17.26	6
4	Marquardt, James	Freshman	Denver Lutheran	10:31.14	5
5	Fortney, Evan	Sophomore	Faith Christian	10:31.66	4
6	Ankarlo, Sean	Freshman	Holy Family	10:51.56	3
7	Rodriguez, Andres	Junior	Holy Family	11:00.56	2
8	Courkamp, Kirtis	Senior	Platte Canyon	11:23.63	1
9	Cook, Luke	Sophomore	Platte Canyon	11:35.45	-
10	Miller, Ryan	Sophomore	Legend	11:41.52	-
11	Reynolds, John	Freshman	Kent Denver	12:35.45	-
12	Sussenbach, Zach	Sophomore	Platte Canyon	14:55.19	-
	Poland, Ryan	Senior	Denver Christian	NT	-
	Thornburg, Adam	Junior	Holy Family	NT	-
	Schvetz, Bill	Junior	Clear Creek	NT	-
	Cummings, Austin	Sophomore	Legend	NT	-
	Gurule, Luis	Sophomore	Sheridan	NT	-
	Chacra, Ryyan	Freshman	Kent Denver	NT	-
	Keimig, Daniel	Senior	Denver Christian	NT	-

Boys 4 x 200m Relay 3A (M) - 4 x 200m Relay**Finals:**

Place	Team	Time	Score
-	Faith Christian	NT	-
-	Legend	NT	-
1	Holy Family	1:32.88	10
2	Denver Lutheran	1:33.66	8
3	Denver Christian	1:34.69	6
4	Kent Denver	1:37.63	5
5	Platte Canyon	1:38.52	4

Girls 800m Run 3A (W) - 800m Run**Finals:**

Place	Bib	Name	Year	Team	Time	Score
1		Lehr, Jennifer	Freshman	Kent Denver	2:29.01	10
2		Carlson, Jenna	Senior	Holy Family	2:30.76	8
3		Haase, Hilary	Senior	Platte Canyon	2:33.94	6
4		Kudrna, Jordan	Junior	Holy Family	2:36.20	5
5		Xiong, Bethany	Sophomore	Faith Christian	2:37.92	4
6		Mitchell, Lauren	Sophomore	Kent Denver	2:41.01	3
7		Hodges, Kelly	Senior	Faith Christian	2:42.34	2
8		Maes, Jacqui	Senior	Platte Canyon	2:44.75	1
9		Belieu, Lauren	Sophomore	Legend	2:45.70	-
10		Balthazor, Taylor	Senior	Holy Family	2:46.56	-
11		Vickles, Jessie	Freshman	Faith Christian	2:51.15	-
12		Kelsey, Hawk	Freshman	Platte Canyon	3:01.98	-
		Garcia-Lance, Danielle	Sophomore	Clear Creek	NT	-

Boys 4 x 400m Relay 3A (M) - 4 x 400m Relay**Finals:**

Place	Team	Time	Score
-	Bishop Machebeuf	NT	-
-	Denver Christian	NT	-
-	Kent Denver	NT	-
1	Holy Family	3:32.40	10
2	Legend	3:39.27	8
3	Platte Canyon	3:42.37	6
4	Denver Lutheran	3:43.38	5

Girls 3200m Run 3A (W) - 3,200m Run**Finals:**

Place	Bib	Name	Year	Team	Time	Score
1		Lehr, Jennifer	Freshman	Kent Denver	12:11.25	10
2		Haase, Hilary	Senior	Platte Canyon	12:30.51	8
3		Medearis, Danielle	Freshman	Holy Family	12:48.70	6
4		McCalister, Molly	Sophomore	Platte Canyon	12:49.62	5
5		Nelson, Cara	Sophomore	Legend	13:37.32	4
6		Lowe, Melissa	Sophomore	Kent Denver	13:54.51	3
7		Robinson, Victoria	Sophomore	Legend	14:01.00	2
8		Sublett, Acacia	Freshman	Platte Canyon	14:38.93	1
9		Carlson, Kayla	Freshman	Holy Family	15:09.24	-
		Garcia-Lance, Danielle	Sophomore	Clear Creek	NT	-
		Sullivan, Alejandra	Sophomore	Holy Family	NT	-

Boys 400m Dash 3A (M) - 400m Dash**Finals:**

2:

Place	Overall	Bib	Name	Year	Team	Time	Score
1	4		Olson, Matt	Freshman	Kent Denver	56.51	5
2	6		Ortiz, Luis	Freshman	Bishop Machebeuf	57.05	3
3	7		Yocum, Tyler	Freshman	Faith Christian	57.19	2
4	9		Whitting, Kaleb	Freshman	Clear Creek	1:01.06	-

3:

Place	Overall	Bib	Name	Year	Team	Time	Score
1	1		Yeager, Sam	Senior	Faith Christian	51.24	10
2	2		Golter, Nate	Junior	Holy Family	52.04	8
3	3		Jaradius, Gintas	Sophomore	Holy Family	52.28	6
4	5		Trost, Damian	Senior	Denver Lutheran	56.72	4
5	8		Robl, Jake	Freshman	Platte Canyon	58.51	1
6			Peterson, Darren	Junior	Denver Christian	NT	-
7			White, Devon	Senior	Bishop Machebeuf	NT	-

8	VanHoudt, Thomas	Junior	Holy Family	NT	-
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Boys Shot Put 3A (M) - Shot Put**Finals:**

1:

Place	Overall	Bib	Name	Year	Team	Distance	Score
1			VanDenend, Andrew	Freshman	Denver Christian	ND	-
2			Kelani, Tunde	Sophomore	Kent Denver	ND	-
3			Van Wyke, Zach	Sophomore	Denver Christian	ND	-
4			Lopo, David	Junior	Platte Canyon	ND	-
5			Spykstra, Dan	Freshman	Platte Canyon	ND	-
6			Rossi, Kevin	Senior	Denver Lutheran	ND	-
7			Feller, Erik	Sophomore	Clear Creek	ND	-

2:

Place	Overall	Bib	Name	Year	Team	Distance	Score
1	7		Novak, Quincy	Senior	Holy Family	40' 11.25"	2
2	10		Schreiner, Daniel	Senior	Denver Lutheran	39' 0.75"	-
3	11		Matthews, Jacob	Junior	Holy Family	37' 10.5"	-
4	12		Scaperlanda, Luke	Sophomore	Legend	37' 4.5"	-
5	13		Porter, Dalton	Sophomore	Legend	35' 4"	-
6	14		Marmolejo, Michael	Senior	Denver Lutheran	3' 11.5"	-
7			Katte, Brett	Senior	Denver Christian	ND	-
8			Boyle, David	Sophomore	Legend	ND	-

3:

Place	Overall	Bib	Name	Year	Team	Distance	Score
1	1		Bundick, Grayson	Freshman	Faith Christian	46' 3"	10
2	2		McKague, Evan	Junior	Bishop Machebeuf	45' 0.75"	8
3	3		McCartney, Derek	Sophomore	Faith Christian	44' 6.75"	6
4	4		Applegate, Micah	Senior	Faith Christian	42' 6"	5
5	5		Miller, Matt	Junior	Holy Family	41' 8"	4
6	6		Brown, David	Junior	Bishop Machebeuf	41' 3"	3
7	8		Jones, Brannon	Freshman	Kent Denver	40' 7.25"	1
8	9		Holmes, Hunter	Senior	Clear Creek	39' 1.25"	-

Girls 4 x 100m Relay 3A (W) - 4 x 100m Relay**Finals:**

Place	Team	Time	Score
-	Sheridan	NT	-
-	Denver Christian	NT	-
1	Holy Family	51.98	10
2	Denver Lutheran	52.42	8
3	Faith Christian	53.22	6
4	Clear Creek	53.54	5
5	Platte Canyon	56.25	4

Boys 110m Hurdles 3A (M) - 110m Hurdles**Finals:**

Place	Bib	Name	Year	Team	Time	Score
1		Bloom, Jacob	Sophomore	Legend	16.71	10
2		Monsma, Luke	Senior	Denver Christian	17.07	8
3		Macklin, Jacob	Sophomore	Faith Christian	17.33	6
4		Kingsley, Jacob	Sophomore	Holy Family	17.38	5
5		Koneman, Andrew	Sophomore	Denver Christian	18.41	4
		Omegba, VIncent	Sophomore	Kent Denver	NT	-
		Hsin, Tyler	Freshman	Holy Family	NT	-
		Armijo, Dante	Junior	Clear Creek	NT	-

Preliminaries:

1:

Place	Overall	Bib	Name	Year	Team	Time	Score
1	1		Bloom, Jacob	Sophomore	Legend	17.12	
2	3		Kingsley, Jacob	Sophomore	Holy Family	18.04	
3	6		Koneman, Andrew	Sophomore	Denver Christian	18.30	
4	8		Omegba, VIncent	Sophomore	Kent Denver	19.50	
5	10		Kriz, Banks	Freshman	Denver Christian	20.85	
6			Collins, Kevin	Junior	Kent Denver	NT	
7			Monie, Ty	Sophomore	Legend	NT	

2:

Place	Overall	Bib	Name	Year	Team	Time	Score
1	2		Macklin, Jacob	Sophomore	Faith Christian	17.34	
2	4		Monsma, Luke	Senior	Denver Christian	18.13	
3	4		Armijo, Dante	Junior	Clear Creek	18.13	
4	7		Hsin, Tyler	Freshman	Holy Family	19.22	
5	9		Scott, Kyle	Senior	Sheridan	20.80	
6			Shields, Caleb	Junior	Platte Canyon	NT	
7			Heronema, Vince	Junior	Holy Family	NT	

Girls 1600m Run 3A (W) - 1,600m Run**Finals:**

Place	Bib	Name	Year	Team	Time	Score
1		Lehr, Jennifer	Freshman	Kent Denver	5:40.52	10
2		Xiong, Bethany	Sophomore	Faith Christian	5:53.22	8
3		Carlson, Jenna	Senior	Holy Family	5:55.81	6
4		Lowe, Melissa	Sophomore	Kent Denver	5:58.71	5
5		McCalister, Molly	Sophomore	Platte Canyon	6:04.62	4
6		Nelson, Cara	Sophomore	Legend	6:11.50	3
7		Hodges, Kelly	Senior	Faith Christian	6:20.73	2
8		Vickles, Jessie	Freshman	Faith Christian	6:27.39	1
9		Dempsey, Kelly	Freshman	Holy Family	6:29.60	-
10		Robinson, Victoria	Sophomore	Legend	6:31.76	-
11		Belieu, Lauren	Sophomore	Legend	6:43.53	-

12	Ward, Izzy	Freshman	Platte Canyon	6:45.05	-
13	Maya, Sause	Freshman	Platte Canyon	6:45.12	-
	Garcia-Lance, Danielle	Sophomore	Clear Creek	NT	-
	Colburn, Paige	Junior	Clear Creek	NT	-
	Burk, Ashley	Sophomore	Holy Family	NT	-

Girls High Jump 3A (W) - High Jump

Finals:

Place	Bib	Name	Year	Team	Distance	Score
1		Johanssen, Kassie	Sophomore	Holy Family	4' 8"	10
2		Laschinger, Lexi	Junior	Holy Family	4' 8"	8
3		Janak, Kendall	Senior	Platte Canyon	4' 8"	6
4		Kudrna, Jordan	Junior	Holy Family	4' 6"	4.5
4		Gray, Keely	Freshman	Denver Lutheran	4' 6"	4.5
6		Schmidt, Hannah	Sophomore	Kent Denver	4' 6"	3
7		Curtis, Anna	Sophomore	Faith Christian	4' 6"	2
8		Vanover, Rachel	Freshman	Legend	4' 4"	1
9		Trost, Anna	Freshman	Denver Lutheran	4' 4"	-
		Sturms, Taylor	Sophomore	Denver Lutheran	NH	-

Girls Pole Vault 3A (W) - Pole Vault

Finals:

Place	Bib	Name	Year	Team	Distance	Score
1		Seifert, Sydney	Senior	Platte Canyon	8' 0"	10

Boys 200m Dash 3A (M) - 200m Dash

Finals:

Place	Bib	Name	Year	Team	Time	Score
1		Twedell, Micah	Senior	Faith Christian	22.99	10
2		Williams, Thomas	Junior	Holy Family	23.12	8
3		Cox, Scout	Sophomore	Holy Family	23.19	6
4		Marshall, Evan	Junior	Faith Christian	23.28	5
5		Sunday, Brian	Sophomore	Denver Lutheran	23.29	4
6		Svistun, David	Sophomore	Legend	23.37	3
7		Jarasius, Gintas	Sophomore	Holy Family	23.58	2
		White, Devon	Senior	Bishop Machebeuf	NT	-

Preliminaries:

1:

Place	Overall	Bib	Name	Year	Team	Time	Score
1	4		Williams, Thomas	Junior	Holy Family	23.58	
2	8		Sunday, Brian	Sophomore	Denver Lutheran	23.92	
3	11		Gentry, Dre	Sophomore	Sheridan	24.62	
4	12		O'Tremba, Tyler	Sophomore	Legend	24.83	
5	15		Delgado, Alberto	Sophomore	Clear Creek	25.24	

6	18	Tidwell, Jerrett	Junior	Clear Creek	25.95
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2:

Place	Overall	Bib	Name	Year	Team	Time	Score
1	3		Twedell, Micah	Senior	Faith Christian	23.47	
2	5		Cox, Scout	Sophomore	Holy Family	23.52	
3	7		Jaradius, Gintas	Sophomore	Holy Family	23.83	
4	16		Rowe, Mataral	Sophomore	Sheridan	25.28	
5	17		Viss, Chase	Junior	Denver Christian	25.49	
6	21		Rich, Kelby	Freshman	Denver Lutheran	26.55	

3:

Place	Overall	Bib	Name	Year	Team	Time	Score
1	2		Marshall, Evan	Junior	Faith Christian	22.95	
2	9		Robl, Travis	Junior	Platte Canyon	24.01	
3	10		VanDenBerg, Michael	Senior	Denver Christian	24.23	
4	14		McCoy, Mike	Sophomore	Legend	25.19	
5	20		Prentis, Austin	Junior	Platte Canyon	26.20	
6	22		Debs, Alan	Junior	Platte Canyon	26.62	

4:

Place	Overall	Bib	Name	Year	Team	Time	Score
1	1		White, Devon	Senior	Bishop Machebeuf	22.62	
2	6		Svistun, David	Sophomore	Legend	23.61	
3	13		LeGrand, Jourdan	Junior	Bishop Machebeuf	24.99	
4	19		Lammers, Darin	Senior	Denver Christian	25.96	
5			Smith, Torrey	Senior	Faith Christian	NT	
6			Miller, Bryce	Junior	Bishop Machebeuf	NT	
7			Gallegos, Omar	Freshman	Sheridan	NT	

Boys Pole Vault 3A (M) - Pole Vault**Finals:**

Place	Bib	Name	Year	Team	Distance	Score
1		Farnum, Jacob	Senior	Platte Canyon	10' 6"	10
2		Greenwald, Seth	Senior	Platte Canyon	10' 0"	8
3		Kirby, Trevor	Senior	Platte Canyon	9' 6"	6

Girls 100m Hurdles 3A (W) - 100m Hurdles**Finals:**

Place	Bib	Name	Year	Team	Time	Score
1		Schmidt, Hannah	Sophomore	Kent Denver	17.46	10
2		Plonski, Ana	Junior	Holy Family	17.54	8
3		Gills, Cassie	Sophomore	Holy Family	17.93	6
4		Rhoads, Megan	Junior	Platte Canyon	17.96	5
5		Heffner, Teri	Junior	Clear Creek	18.58	4
6		Shafer, Becca	Sophomore	Clear Creek	18.78	3
7		Kintzle, Carissa	Freshman	Holy Family	18.85	2

8	Coates, Caitlyn	Sophomore	Kent Denver	20.22	1
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Preliminaries:

1:

Place	Overall	Bib	Name	Year	Team	Time	Score
1	1		Rhoads, Megan	Junior	Platte Canyon	17.82	
2	3		Gills, Cassie	Sophomore	Holy Family	18.10	
3	5		Schmidt, Hannah	Sophomore	Kent Denver	18.13	
4	8		Coates, Caitlyn	Sophomore	Kent Denver	19.56	
5	10		Billat, Hailey	Freshman	Legend	20.04	
6	11		Hill, Sabre	Senior	Clear Creek	22.74	

2:

Place	Overall	Bib	Name	Year	Team	Time	Score
1	2		Plonski, Ana	Junior	Holy Family	18.03	
2	4		Kintzle, Carissa	Freshman	Holy Family	18.46	
3	6		Heffner, Teri	Junior	Clear Creek	18.74	
4	7		Shafer, Becca	Sophomore	Clear Creek	18.95	
5	9		Walsh, Rain	Freshman	Denver Lutheran	19.72	
6	12		Betz, Kelsey	Junior	Platte Canyon	22.85	

Girls 4 x 800m Relay 3A (W) - 4 x 800m Relay**Finals:**

Place	Team	Time	Score
1	Kent Denver	10:25.23	10
2	Holy Family	10:28.38	8
3	Platte Canyon	10:35.01	6
4	Faith Christian	10:42.71	5

Girls Shot Put 3A (W) - Shot Put**Finals:**

1:

Place	Overall	Bib	Name	Year	Team	Distance	Score
1			Husch, Kaitlyn	Sophomore	Legend	ND	-
2			McNiff, Micaela	Freshman	Legend	ND	-
3			Pennell, Amber	Junior	Clear Creek	ND	-
4			Smith, Megan	Sophomore	Clear Creek	ND	-

2:

Place	Overall	Bib	Name	Year	Team	Distance	Score
1	5		White, Jordan	Sophomore	Legend	30' 2.75"	4
2	9		Laschinger, Lexi	Junior	Holy Family	27' 8"	-
3	11		Gallmeyer, Tina	Senior	Denver Lutheran	26' 9.25"	-
4	12		Lopo, Gianna	Freshman	Platte Canyon	25' 1"	-
5			Youngblood, Shawna	Sophomore	Platte Canyon	ND	-
6			Johanssen, Kassie	Sophomore	Holy Family	ND	-
7			Schwake, Anna	Senior	Denver Lutheran	ND	-

8 Harmon, Katie Sophomore Clear Creek ND -

3:

Place	Overall	Bib	Name	Year	Team	Distance	Score
1	1		Lettow, Adrienne	Senior	Faith Christian	35' 11.5"	10
2	2		Chavez, Caitlin	Sophomore	Faith Christian	32' 10.5"	8
3	3		Gerry, Alexis	Sophomore	Holy Family	32' 2.75"	6
4	4		Pacheco, Jolyn	Junior	Platte Canyon	30' 5"	5
5	6		Williams, Andraya	Sophomore	Bishop Machebeuf	29' 4"	3
6	7		Weidenaar, Natasha	Sophomore	Faith Christian	28' 10"	2
7	8		Gerow, Jordan	Sophomore	Denver Christian	28' 7.75"	1
8	10		Forrester, Destiny	Senior	Denver Lutheran	27' 4.5"	-

Girls Long Jump 3A (W) - Long Jump Finals:

1:

Place	Overall	Bib	Name	Year	Team	Distance	Score
1	7		Henderson, Kendra	Junior	Clear Creek	14' 1.75"	2
2	8		Schmidt, Hannah	Sophomore	Kent Denver	13' 10"	1
3	9		Walsh, Rain	Freshman	Denver Lutheran	13' 6.25"	-
4	12		Betz, Kelsey	Junior	Platte Canyon	10' 8"	-
5	13		Janak, Brooke	Freshman	Platte Canyon	9' 5.75"	-

2:

Place	Overall	Bib	Name	Year	Team	Distance	Score
1	1		Pappas, Alexis	Freshman	Legend	15' 9.75"	10
2	2		Benson, Brinley	Senior	Faith Christian	15' 8.5"	8
3	3		Plonski, Ana	Junior	Holy Family	14' 8.25"	6
4	4		Haggerty, Kelsey	Senior	Faith Christian	14' 4.75"	5
5	5		Syddall, Lexi	Sophomore	Legend	14' 2.5"	4
6	6		Locricchio, Rebeka	Sophomore	Holy Family	14' 1.75"	3
7	10		Biette, Katy	Senior	Holy Family	13' 6"	-
8	11		Vanover, Rachel	Freshman	Legend	13' 4.5"	-

Girls 200m Dash 3A (W) - 200m Dash Finals:

Place	Bib	Name	Year	Team	Time	Score
1		Pappas, Alexis	Freshman	Legend	26.24	10
2		Hirschfeld, Emily	Senior	Platte Canyon	26.91	8
3		Gutierrez, Carolina	Junior	Holy Family	26.95	6
4		O'Toole, Shannah	Junior	Bishop Machebeuf	27.17	5
5		Quaranto, Mollie	Sophomore	Clear Creek	27.35	4
6		Mc Caslin, Kelsey	Senior	Faith Christian	27.47	3
7		Freeman, Wynter	Freshman	Bishop Machebeuf	28.22	2
8		Sundberg, Bri	Junior	Bishop Machebeuf	28.51	1

Preliminaries:

1:

Place	Overall	Bib	Name	Year	Team	Time	Score
1	1		Pappas, Alexis	Freshman	Legend	27.14	
2	4		Hirschfeld, Emily	Senior	Platte Canyon	27.45	
3	7		Mc Caslin, Kelsey	Senior	Faith Christian	28.18	
4	8		Freeman, Wynter	Freshman	Bishop Machebeuf	28.19	
5	11		Walsh, Rain	Freshman	Denver Lutheran	29.26	
6	12		Pate, Elise	Sophomore	Clear Creek	29.48	
7	19		Janak, Brooke	Freshman	Platte Canyon	31.95	

2:

Place	Overall	Bib	Name	Year	Team	Time	Score
1	2		Gutierrez, Carolina	Junior	Holy Family	27.46	
2	5		Quaranto, Mollie	Sophomore	Clear Creek	27.90	
3	9		Syddall, Lexi	Sophomore	Legend	28.77	
4	10		Anderson, Rachel	Junior	Holy Family	29.25	
5	15		Allen, Lynzee	Sophomore	Faith Christian	30.27	
6	18		McCulloch, Erin	Sophomore	Kent Denver	31.44	
7			Trost, Anna	Freshman	Denver Lutheran	NT	

3:

Place	Overall	Bib	Name	Year	Team	Time	Score
1	3		O"Toole, Shannah	Junior	Bishop Machebeuf	28.03	
2	6		Sundberg, Bri	Junior	Bishop Machebeuf	29.24	
3	13		Marshall, Jenny	Junior	Platte Canyon	30.02	
4	14		Metzger, Abby	Sophomore	Holy Family	30.06	
5	16		Webb, Cassie	Sophomore	Sheridan	30.45	
6	17		Rowe, Janacia	Sophomore	Sheridan	31.20	
7			Gray, Keely	Freshman	Denver Lutheran	NT	

Boys 1600m Run 3A (M) - 1,600m Run**Finals:**

Place	Bib	Name	Year	Team	Time	Score
1		Joseph, Mark	Junior	Denver Lutheran	4:39.43	10
2		Fortney, Evan	Sophomore	Faith Christian	4:40.37	8
3		Yeager, Sam	Senior	Faith Christian	4:43.10	6
4		Thompson, Matt	Sophomore	Legend	4:48.64	5
5		Marquardt, James	Freshman	Denver Lutheran	5:00.63	4
6		Willis, Kyle	Sophomore	Holy Family	5:02.52	3
7		Bovine, Nick	Junior	Holy Family	5:03.45	2
8		Woods, Andy	Junior	Holy Family	5:07.71	1
9		Courkamp, Kirtis	Senior	Platte Canyon	5:13.50	-
10		Schilling, Sam	Freshman	Denver Lutheran	5:14.71	-
11		Keimig, Daniel	Senior	Denver Christian	5:15.00	-
12		Magill, Kirk	Senior	Bishop Machebeuf	5:15.34	-
13		Cook, Luke	Sophomore	Platte Canyon	5:19.10	-
14		Schvetz, Bill	Junior	Clear Creek	5:20.68	-
15		Gurule, Luis	Sophomore	Sheridan	5:28.83	-
16		Ray, Adam	Freshman	Legend	5:40.69	-

17	Chacra, Ryyan	Freshman	Kent Denver	6:12.84	-
18	Rhuter, Mathew	Freshman	Platte Canyon	6:30.88	-
19	Moody, Deverrick	Sophomore	Clear Creek	6:32.31	-
	Lenderink, Tom	Senior	Denver Christian	NT	-
	Manley, Bryan	Sophomore	Legend	NT	-
	Voth, Caleb	Junior	Faith Christian	NT	-
	Poland, Ryan	Senior	Denver Christian	NT	-

Girls 800m Sprint Medley 3A (W) - 800m Sprint Medley

Finals:

Place	Team	Time	Score
1	Holy Family	1:54.91	10
2	Denver Lutheran	1:55.26	8
3	Platte Canyon	1:57.01	6
4	Legend	1:57.90	5
5	Bishop Machebeuf	2:02.07	4
6	Denver Christian	2:09.94	3

Boys 4 x 800m Relay 3A (M) - 4 x 800m Relay

Finals:

Place	Team	Time	Score
1	Faith Christian	8:19.40	10
2	Denver Christian	8:19.68	8
3	Holy Family	8:22.29	6
4	Legend	8:51.71	5
5	Platte Canyon	9:10.70	4

Boys Triple Jump 3A (M) - Triple Jump

Finals:

1:

Place	Overall	Bib	Name	Year	Team	Distance	Score
1	6		McGillin, Colin	Sophomore	Holy Family	37' 2.75"	3
2	8		Nuttall, Landon	Sophomore	Legend	35' 7"	1
3	9		Middleton, AJ	Sophomore	Holy Family	34' 10.5"	-
4	10		Armijo, Dante	Junior	Clear Creek	33' 6"	-
5	11		Omegba, VIncent	Sophomore	Kent Denver	33' 5.5"	-
6	12		Greenwald, Seth	Senior	Platte Canyon	32' 5.75"	-
7	14		Floyd, Jesse	Freshman	Platte Canyon	29' 1"	-
8			Haskell, Evan	Sophomore	Legend	ND	-
9			Whitting, Kaleb	Freshman	Clear Creek	ND	-

2:

Place	Overall	Bib	Name	Year	Team	Distance	Score
1	1		Rosenberg, Jack	Junior	Kent Denver	41' 10"	10
2	2		Golter, Nate	Junior	Holy Family	40' 7.25"	8

3	3	Trost, Damian	Senior	Denver Lutheran	40' 6.5"	6
4	4	Herren, Riley	Sophomore	Denver Christian	38' 6.5"	5
5	5	Brekke, Chris	Senior	Faith Christian	37' 7.75"	4
6	7	Kitashima, Justin	Junior	Denver Lutheran	36' 5"	2
7	13	Shields, Caleb	Junior	Platte Canyon	31' 8.5"	-
8		Dominquez, Laz	Freshman	Denver Christian	ND	-
9		Loudenslager, Hayden	Senior	Faith Christian	ND	-

Boys 100m Dash 3A (M) - 100m Dash**Finals:**

Place	Bib	Name	Year	Team	Time	Score
1		Marshall, Evan	Junior	Faith Christian	11.27	10
2		Svistun, David	Sophomore	Legend	11.52	8
3		Sunday, Brian	Sophomore	Denver Lutheran	11.59	6
4		Twedell, Micah	Senior	Faith Christian	11.78	5
5		Welder, Nick	Senior	Holy Family	11.80	4
6		VanDenBerg, Michael	Senior	Denver Christian	11.86	3
7		Rosenberg, Jack	Junior	Kent Denver	12.04	2
		White, Devon	Senior	Bishop Machebeuf	NT	-

Preliminaries:

1:

Place	Overall	Bib	Name	Year	Team	Time	Score
1	3		Sunday, Brian	Sophomore	Denver Lutheran	11.42	
2	6		Twedell, Micah	Senior	Faith Christian	11.50	
3	7		VanDenBerg, Michael	Senior	Denver Christian	11.71	
4	8		Rosenberg, Jack	Junior	Kent Denver	11.77	
5	11		Gentry, Dre	Sophomore	Sheridan	11.93	
6	14		Farnum, Jacob	Senior	Platte Canyon	12.25	
7	15		Monie, Ty	Sophomore	Legend	12.28	
8	17		Bonnette-Forenz, Didier	Junior	Clear Creek	12.37	

2:

Place	Overall	Bib	Name	Year	Team	Time	Score
1	2		Marshall, Evan	Junior	Faith Christian	11.28	
2	5		Welder, Nick	Senior	Holy Family	11.50	
3	10		Crane, Wes	Sophomore	Denver Lutheran	11.84	
4	12		Langfield, Zach	Junior	Holy Family	11.94	
5	20		Prentis, Austin	Junior	Platte Canyon	12.59	
6	20		Kirby, Trevor	Senior	Platte Canyon	12.59	
7	22		Rich, Kelby	Freshman	Denver Lutheran	12.87	
8			Morley, Zach	Sophomore	Legend	NT	

3:

Place	Overall	Bib	Name	Year	Team	Time	Score
1	1		White, Devon	Senior	Bishop Machebeuf	11.14	
2	4		Svistun, David	Sophomore	Legend	11.48	
3	9		Williams, Thomas	Junior	Holy Family	11.80	
4	13		Rowe, Mataral	Sophomore	Sheridan	12.08	

5	16	Sanderson, Forrest	Freshman	Denver Christian	12.30
6	18	Delgado, Alberto	Sophomore	Clear Creek	12.44
7	19	Tidwell, Jerrett	Junior	Clear Creek	12.55
8		Herren, Riley	Sophomore	Denver Christian	NT

Boys Discus Throw 3A (M) - Discus Throw**Finals:**

1:

Place	Overall	Bib	Name	Year	Team	Distance	Score
1			VanDenend, Andrew	Freshman	Denver Christian	ND	-
2			Kelani, Tunde	Sophomore	Kent Denver	ND	-
3			Van Wyke, Zach	Sophomore	Denver Christian	ND	-
4			Lopo, David	Junior	Platte Canyon	ND	-
5			Spykstra, Dan	Freshman	Platte Canyon	ND	-
6			Feller, Erik	Sophomore	Clear Creek	ND	-

2:

Place	Overall	Bib	Name	Year	Team	Distance	Score
1	8		Applegate, Micah	Senior	Faith Christian	120' 3.5"	1
2	9		Miller, Matt	Junior	Holy Family	119' 3"	-
3	10		Schreiner, Daniel	Senior	Denver Lutheran	109' 9.5"	-
4	11		Trap, Dillon	Sophomore	Legend	107' 7"	-
5	12		Jones, Brannon	Freshman	Kent Denver	105' 8"	-
6	13		Ninneman, Mitch	Sophomore	Denver Lutheran	105' 5.5"	-
7			Porter, Dalton	Sophomore	Legend	ND	-
8			Bentley, Dallon	Sophomore	Legend	ND	-

3:

Place	Overall	Bib	Name	Year	Team	Distance	Score
1	1		Emich, Colton	Senior	Holy Family	161' 9.25"	10
2	2		Holmes, Hunter	Senior	Clear Creek	144' 8"	8
3	3		Bundick, Grayson	Freshman	Faith Christian	137' 3"	6
4	4		Novak, Quincy	Senior	Holy Family	132' 6"	5
5	5		Brown, David	Junior	Bishop Machebeuf	130' 1"	4
6	6		McCartney, Derek	Sophomore	Faith Christian	128' 8"	3
7	7		Katte, Brett	Senior	Denver Christian	123' 8"	2
8			Rossi, Kevin	Senior	Denver Lutheran	ND	-

Girls 100m Dash 3A (W) - 100m Dash**Finals:**

Place	Bib	Name	Year	Team	Time	Score
1		Pappas, Alexis	Freshman	Legend	12.88	10
2		Hirschfeld, Emily	Senior	Platte Canyon	13.28	8
3		Benson, Brinley	Senior	Faith Christian	13.41	6
4		Quaranto, Mollie	Sophomore	Clear Creek	13.41	5
5		Janak, Kendall	Senior	Platte Canyon	13.43	4
6		Helbig, Taylor	Junior	Holy Family	13.48	3

7	Freeman, Wynter	Freshman	Bishop Machebeuf	13.71	2
8	Heffner, Teri	Junior	Clear Creek	13.82	1

Preliminaries:

1:

Place	Overall	Bib	Name	Year	Team	Time	Score
1	3		Janak, Kendall	Senior	Platte Canyon	13.34	
2	4		Benson, Brinley	Senior	Faith Christian	13.34	
3	7		Heffner, Teri	Junior	Clear Creek	13.85	
4	10		Aicega, Jennifer	Freshman	Holy Family	14.37	
5	13		Vanover, Rachel	Freshman	Legend	14.71	
6	16		Webb, Cassie	Sophomore	Sheridan	14.93	

2:

Place	Overall	Bib	Name	Year	Team	Time	Score
1	1		Pappas, Alexis	Freshman	Legend	12.87	
2	6		Helbig, Taylor	Junior	Holy Family	13.40	
3	9		Jarasius, Daiva	Junior	Holy Family	13.95	
4	12		Beckman, Monica	Junior	Bishop Machebeuf	14.43	
5	15		Rowe, Janacia	Sophomore	Sheridan	14.78	
6			Trost, Anna	Freshman	Denver Lutheran	NT	

3:

Place	Overall	Bib	Name	Year	Team	Time	Score
1	2		Hirschfeld, Emily	Senior	Platte Canyon	13.33	
2	5		Quaranto, Mollie	Sophomore	Clear Creek	13.39	
3	8		Freeman, Wynter	Freshman	Bishop Machebeuf	13.86	
4	11		Smith, Megan	Sophomore	Clear Creek	14.42	
5	14		Watson, Alana	Freshman	Platte Canyon	14.78	
6	17		Billat, Hailey	Freshman	Legend	15.44	

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